

THERE IS A POSITIVE SIDE  
TO CRISIS AND CHANGE.  
LEARN WHAT YOU CAN DO  
TO CREATE A CONSTRUCTIVELY  
CHANGED WORLD.



# iamamerica e-lesson

**I** **A Constructively Changed World**  
n 1989, when we first started sharing the Ascended Masters' prophecies of change, our interpretation of the prophecies was very literal; hence much of the copy surrounding the first edition of the I AM America Map focuses on that type of information. For seven years, we felt a duty and an obligation to share the prophecies from the most literal point of view and placed an emphasis on the possibility of geophysical change. During that time, further information and increased understanding evolved the message to a richer understanding. Prophecy is a spiritual teaching, not inevitability. It uses warning as the impetus to make changes now. It teaches us about our free will and how the choices that we make today create the world we live in tomorrow.

This prophecy is brought through the Great White (Light) Lodge. This organization is a fraternity of men and women dedicated to the universal spiritual upliftment of humanity. They invite all of us to join them: "A new cycle awaits humanity. It is a cycle filled with growth, learning and life. Painfully and lovingly, sometimes this growth is achieved through disease, poverty and destruction. However, within your heart lies the gentle revolution which can redirect the course of such events. This is a revolution armed with the power of service, charity and love. If you should turn your back now, know that timelessly we await."

"Let us join in wisdom to extinguish ignorance and inequity. Let us join in love to extinguish suffering. Let us join in service to extinguish greed and avarice. Let us join in charity to extinguish poverty. Let us join in harmony to extinguish disease. As our ears are opened and our eyes begin to see, let us join as ONE LIGHT, in our hearts and minds. May this light of wisdom serve all. May this light of truth and justice prevail. May the law be written in hearts and joined through harmony, brotherhood and love."



With this fuller understanding one naturally asks the question, “Are these changes going to happen and what can I do about it?” When you begin to examine the prophecies they all carry a common thread, choice. Clearly, we can create the earth changes or we can create the Golden Age. The prophetic maps I AM America and Freedom Star have always shown the Golden Age alongside earth changes. Apparently, the Golden Age is going to happen no matter what we choose! The difference is in how we arrive there.



Crisis often brings unity to a cause and conquering pain gently leads to the healing vibration of love. In these prophecies, after the chaos of tumultuous change is the creation of new life, A Golden Age. And so, what do we choose? Change is either destructive or constructive.



You don't have to wait for a destructive change to build the Golden Age, begin today! Study, learn and do all you can do, for and about the environment. Recycle, eat more vegetarian meals and ride your bicycle or walk instead of taking the car. These small measures reduce the consumption of valuable natural resources and reduce toxic emissions and waste products into our air and water. Your body will enjoy great benefits too.



Study intentional community and apply whatever aspects appeal to you into your community now. Pickup trash in your parks, plant community gardens, volunteer at the school or local library. There are thousands of ways you can help, be creative! Embrace the idea that you are playing a critical role in creating a constructively changed world.



Improve yourself and become a master. Learn to speak a foreign language or play a new musical instrument. Begin to write the book you've always wanted to write or take a class in



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public speaking. The world is filled with mysteries waiting for you to discover. Never think that you are too old to learn something new, you are after all, spiritually immortal! You will take your knowledge and life experience with you. So, stop bad habits and be the best you can be.

If you ever get a chance, visit a Golden City Vortex. Let it be a spiritual adventure, just like the migrations of the Ancient Hopi. Listen for the high pitch hum as you enter a center of the earth's grid. Notice the different energies of each doorway of the four directions. Travel to the apex and then travel to the outside. Observe. Intuit. Have fun! Write us about your experiences.

Last, but far from least, live with peace and love. This is hard to do sometimes, but apply the spiritual teachings in the prophecies. Form a group for prayer and meditation. Study the Twelve Jurisdictions; they are a template for Golden Age thought.

And never, ever be afraid of change, no matter what form it may take. A great master once said, "Adepts adapt."

Please stay in touch with us as we build the Golden Age together. Send us your ideas, stories and experiences that can help others make the world a better place to live. We'll try to print as many as we can in our future newsletters.

From Lori & Len, with love, at I AM America



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